

**Payal Kohli, MD, FACC**

Associate Clinical Professor of Medicine, University of Colorado Anschutz

Founder and Medical Director, Cherry Creek Heart

On-Air Medical Expert, Tegna Broadcasting

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**Education and Post-graduate training**

- (1998-2002) Massachusetts Institute of Technology  
Bachelor of Science (B.S.) in Biology  
Bachelor of Science (B.S.) in Brain and Cognitive Sciences Concentration in Economics  
**Awarded Most Outstanding Academic Record (GPA 5.0/5.0)**
- (2002-2007) Harvard Medical School  
Health Sciences and Technology Program  
Doctor of Medicine (M.D.)  
**Degree awarded Magna Cum Laude (with honors)**
- (2007-2008) Internal Medicine Internship  
Brigham and Women's Hospital, Harvard Medical School
- (2008-2009) Anesthesia/Critical Care Residency  
Massachusetts General Hospital, Harvard Medical School  
Awarded Beecher Fellowship for Faculty Appointment at MGH
- (2009-2011) Internal Medicine Residency  
Brigham and Women's Hospital, Harvard Medical School  
ABIM Certified in Internal Medicine 8/2011
- (2011-2012) Clinical Research Fellowship  
Thrombolysis in Myocardial Infarction (TIMI) Study Group  
Brigham and Women's Hospital, Harvard Medical School
- (2012-2015) Cardiovascular Disease Fellowship  
University of California San Francisco (UCSF) ABIM Board  
Certified in Cardiovascular Medicine 10/2015
- (2014-2015) Cardiovascular Disease Prevention Fellowship  
University of California San Francisco (UCSF)
- (2014-2015) Advanced Echocardiography Fellowship (Level III)  
University of California San Francisco (UCSF)

ASE Board Certified in Comprehensive Echocardiography 7/2015

**Other Specialized Training**

(July-August 2010) Harvard Business School: Value-Based Healthcare Delivery

(2021-2023) American College of Cardiology: Leadership Academy

**Academic Appointments**

2011-2012 Brigham and Women's Hospital Harvard Medical School  
Instructor of Medicine  
Boston, MA

March 2021-June 2023 University of Colorado Hospital  
Assistant Clinical Professor of Medicine  
Aurora, CO

July 2023-present University of Colorado Hospital  
Associate Clinical Professor of Medicine  
Aurora, CO

July 2022-present Baim Institute for Clinical Research  
Director of Medical Communications  
Boston, MA

**Hospital, Government or Other Professional Positions**

August 2015-September 2017 Colorado Permanente Medical Group (Kaiser Permanente)  
Division of Cardiology  
Noninvasive Cardiologist  
Denver, CO

November 2017-October 2019 Heart and Vascular Institute of Colorado  
Division of Cardiology  
Noninvasive Cardiologist; Clinical Lead, Women's Heart Program;  
Site Lead, Good Samaritan Hospital; Vice Chair of Cardiovascular  
Services, Good Samaritan Hospital; Medical Director, Good Samaritan  
Hospital Cardiac Rehabilitation  
Denver, CO

January 2020-present 9News/KUSA, Tegna Broadcasting On-Air Medical Expert

January 2020-present	Cherry Creek Heart Founder and Medical Director Denver, CO
March 2020-present	‘Daily Blast Live’ National On-Air Medical Expert Tegna Broadcasting National On-Air Medical Expert
March 2021-present	Rocky Mountain Veterans Affairs Medical Center Aurora, CO
July 2023-present	Board of Directors, Practice Health IPA Aurora, CO

**Honors, Special Recognitions and Awards**

(1998)	Cornell University Presidential Scholarship
(1998)	Wellesley College Book Award
(1999)	Massachusetts Institute of Technology (MIT) Most Outstanding MedLink
(2000, 2001)	Golden Key National Honor Society National Dean’s List
(2001)	Induction into National Society of Collegiate Scholars
(2001)	Massachusetts Institute of Technology (MIT) Most Outstanding Associate Advisor
(2002)	Massachusetts Institute of Technology (MIT) Most Outstanding Academic Record
(2002)	Massachusetts Institute of Technology (MIT) Walle Nauta Research Award
(2006)	Harvard Medical School Neil Ghiso Fellowship
(2007)	Harvard Medical School Magna Cum Laude
(2008)	Massachusetts General Hospital Beecher Research Scholarship
(2012)	European Society of Cardiology Congress Best Scientific Content and Highest Scored Abstract
(2013)	Best Fellow-in-Training Poster at American College of Cardiology Scientific Sessions
(2013)	American Heart Association Women In Cardiology Trainee Award for Excellence
(2013)	National Institutes of Health T32 Training Grant
(2014-15)	Lamond Endowed Fellow in Cardiovascular Disease, University of California San Francisco
(2014)	American College of Cardiology Bristol-Myers Squibb Award
(2014)	American Heart Association Samuel A. Levine Young Clinical Investigator Award

(2014)	National Institutes of Health (NIH) Loan Repayment Award
(2015)	American College of Cardiology Young Investigator Award
(2015)	Canadian Journal of Cardiology Recognized Reviewer
(2015)	Conference on Retroviruses and Opportunistic Infections (CROI) Young Investigator Award
(2015)	Doximity Fellowship
(2016-present)	Fellow of the American College of Cardiology
(2018-2019)	Doximity Authors
(2018)	RockStar of The Rockies
(2020-2022)	American College of Cardiology Leadership Academy
(2020)	Doximity “Doxie” Award for Excellence
(2020)	Colorado Rotary Club Paul Harris Fellow
(2020)	9News Excellence to the Core Award
(2022)	5280 Top Doctor Denver
(2022)	American College of Cardiology “Cardiologist of the Year”

### **Membership in Professional Organizations**

American College of Cardiology (2011-present)  
 American Heart Association (2011-present)  
 American College of Cardiology, Women in Cardiology Council (2011-2016)  
 American College of Cardiology, Innovation Council (2019-2020)  
 National Lipid Association (2020-present)  
 American Society for Preventive Cardiology (2022-present)  
 American Diabetes Association (2023-present)

### **Major Committee and Service Responsibilities**

#### **National and Regional**

2008-2009	Massachusetts Medical Society CME Committee
2012-2014	ACC CardioSource Usability Workgroup
2013-2015	ACC Women in Cardiology Leadership Council
2015-2016	ACC Fellows in Training, Career Development Leader
2017-present	MIT Educational Council
2018-present	Practicing Wisely/Motive Medical Board of Advisors
2018-2020	Doximity Authors
2018-2019	Grand Rounds/ Included Health Expert Consultant
2019-present	ACC/ACCSAP/ABIM Performance Question Writer
2019-present	Doximity Advisory Board
2019-present	Trustee to Board of Advisors, Colorado ACC
2020-present	DocWire News Section Advisor
2020-present	MashUp Medical Lead
2022-present	2 <sup>nd</sup> MD Expert Consultant

**Local**

2005-2007	Harvard Medical School M.D. Admissions Committee
2009-2011	BWH Code Team and Emergency Response Committee
2009-2011	BWH Housestaff Committee
2010-2011	BWH Intensive Care Unit Curriculum Redesign Task Force
2010-2011	BWH Clinical Pathological Correlation/NEJM Case (CPC) Committee
2010-2011	BWH Drug Safety
2010-2011	BWH Housestaff Selection Committee
2010-2012	Harvard Medical School of M.D. Advisors
2016-2017	Kaiser Permanente Lipid Guidelines Committee
2017-2019	Heart & Vascular Institute of Colorado/Good Samaritan Hospital Site Lead
2019-2019	SCL Health Women's Heart Health Steering Committee, Chair
2019	Good Samaritan Hospital Cardiovascular Services, Vice Chair
2019	Good Samaritan Hospital Performance Excellence Committee
2021-present	American College of Cardiology Colorado Chapter Program Planning Committee

**Certifications and Licensures**

08/2011	Board-certified in Internal Medicine, ABIM
10/2015	Board-certified in Cardiovascular Medicine
07/2015	Board-certified and Level 3 certified in Comprehensive Echocardiography, National Board of Echocardiography certification
01/2015	ARDMS Registered Physician in Vascular Interpretation (RPVI) certification
12/2016	Board-certified Level 2 certified in Nuclear Cardiology, Certification Board of Nuclear Cardiology
	Board-eligible Level 2 certified in Cardiac CT.
	Colorado Medical License (Active full license) #DR.0054941
	DEA certification
Lapsed	Massachusetts Medical License
Lapsed	California Medical License

**Editorial Board Leadership/Membership**

2012-2014, 2017-present	CardioSource World News/Cardiology, Editorial Consultant and Columnist
2012-2019	Clinical Cardiology, Editorial Board
2013-2019	Consultant Live Continuing Medical Education, Editorial Board
2013-2017	Journal of the American College of Cardiology Cardiovascular Imaging, Assistant Editor
2014-2015	Journal of the American College of Cardiology, Section Editor, Media
2017-2022	American College of Cardiology ACCEL, Assistant Editor and Early Career Contributor
2017-present	American College of Cardiology ACC.org, Prevention Section Associate Editorial Team Lead
2018-present	Medscape Cardiology Consult Chief Editor, Cardiology

2019-2020	Current Atherosclerosis Reports, Section Editor, Women and Ischemic Heart Disease
2020-present	DocWire and MashUP MD, Medical Lead

### **Ad Hoc Peer Reviewer**

2011-present	American Journal of Cardiology, Ad Hoc Reviewer
2011-2012	Annals of Internal Medicine, Ad Hoc Reviewer
2011-2015	Critical Pathways in Cardiology, Ad Hoc Reviewer
2011-present	Clinical Cardiology, Ad Hoc Reviewer
2011-present	Journal of Cardiovascular Pharmacology and Therapeutics, Ad Hoc Reviewer
2011-2015	Reviews in Cardiovascular Medicine, Ad Hoc Reviewer
2011-2015	Public Library of Science, Ad Hoc Reviewer
2013-2015	Journal of Thrombosis and Thrombolysis, Ad Hoc Reviewer
2015-present	Canadian Journal of Cardiology, Ad Hoc Reviewer
	Awarded Recognized Reviewer (2015)
2018-present	European Heart Journal, Ad Hoc Reviewer
2018-present	Journal of the American College of Cardiology Cardiovascular Imaging, Reviewer
2019-present	Current Atherosclerosis Reports
2019-2021	American Journal of Cardiovascular Drugs
2020-present	European Journal of Preventive Cardiology, Ad Hoc Reviewer

### **Clinical Trial Leadership Roles**

**Trial Steering Committee (2010-2012), LAPLACE- TIMI 57: A Randomized Controlled Trial of AMG145 in Hypercholesterolemic Subjects on Background of Statin Therapy.**

**National/International Principal Investigator (2011-2012), LAPLACE- TIMI 57: A Randomized Controlled Trial of AMG145 in Hypercholesterolemic Subjects on Background of Statin Therapy, Trial Principal Investigator (2010-2012).**

In my role as one of the three national/international TIMI Principal Investigators for this Phase II RCT, I played an integral role in protocol design and implementation, writing of the methods publication, training of trial sites, implementation of trial operations and logistics, oversight of statistical design and methods, review and critical analysis of the results and writing and publication of the primary

#### **TIMI Trials Hotline (2011-2012)**

Addressing and resolving any protocol questions or protocol violations that occurred by sites for over 10 ongoing TIMI clinical trials.

#### **STASYS 510K Study Site Principal Investigator and Trial Consultant (2022)**

FDA clearance trial: Measuring platelet strength as a predictive indicator of anti-platelet medication and inhibition presence: a comparative evaluation protocol.

### **Invited Presentations**

#### **Local**

- 2006 Harvard Medical School Combined MD/PhD Grand Rounds  
*“A 42-year old man with headache”*
- 2011 Brigham & Women’s Hospital Heart Happenings Program:  
A Symposium for Patients Who Have Survived Heart Attacks  
Department of Cardiovascular Medicine Brigham & Women’s Hospital  
Boston, MA
- 2012 South Shore Hospital Cardiology Grand Rounds  
*“Approach to The Patient with low HDL”*  
Weymouth, MA
- 2014 University of California San Francisco Cardiovascular Division Grand Rounds  
*“The Role of PCSK9 in Cholesterol Homeostasis, Response to Statins and  
Cardiovascular Risk in HIV+ Patients”*  
San Francisco, CA
- 2015 American Heart Association PULSE Charity Fundraising  
*“The ABCs of Cardiovascular Prevention”* (lay audience)  
San Francisco, CA
- 2015 University of California San Francisco Primary Care Division Grand Rounds  
*“Heart Health in Women: 2015 Update”*  
San Francisco, CA
- 2015 University of California San Francisco Echocardiography Grand Rounds  
*“Echo for Transcatheter Aortic Valve Replacement”*  
San Francisco, CA
- 2015 University of California San Francisco Osher Mini Medical School for Lay Audience  
*“Cholesterol: What Is It and When To Treat It”*  
San Francisco, CA
- 2015 Kaiser Permanente Hospitalist Journal Club
- 2016 Kaiser Permanente Hospitalist Journal Club
- 2017 Optimal Duration of Anti-Platelet Therapy: Kaiser Permanente Primary Care Rounds  
Highlands Ranch, CO
- 2017 Ambulatory ECG Monitoring: Kaiser Permanente Primary Care Rounds  
Parker, CO
- 2017 Kaiser Permanente Hospitalist Journal Club
- 2018 Good Samaritan Hospital Grand Rounds

“Women’s Heart Health: Bridging the Gender Gap” 2018  
Lafayette, Colorado

- 2019 Good Samaritan Hospital Grand Rounds  
“Hot Topics in Cardiology in 2019” 2019  
Lafayette, Colorado
- 2021 Vascular Institute of the Rockies Symposium  
“A Tale of Two Viruses Causing Vascular Inflammation: HIV and COVID-19”  
Denver, CO, September 2021
- 2022 Vascular Institute of the Rockies Symposium  
“Updates in Lipid Lowering: What’s New in 2022”  
Denver, CO, September 2022
- 2023 Contemporary Lipid Management in 2023: A Case-Based Update  
Grand Rounds, Medical Center of Aurora  
Aurora, CO, February 24, 2023
- 2023 Clinical Care Options: National Lipid Association Scientific Sessions 2023 Coverage  
Atlanta, GA  
June 1-4, 2023
- 2023 Clinical Care Options: National Diabetes Association Scientific Sessions 2023 Coverage  
San Diego, CA  
June 23-26, 2023
- 2023 Saving the Hearts of Women  
Arlington, TX  
July 21, 2023
- 2023 Family Heart Foundation  
Arlington, TX  
July 22, 2023
- 2023 New Mexico Heart Institute Grand Rounds: Updates in Lipid Management  
Albuquerque, New Mexico  
July 25, 2023

**Regional**

- 2012 REVEAL-TIMI 55 Investigator/Research Coordinator Meeting  
“Atherosclerosis and LDL-lowering therapies”



Boston, MA

- 2012 REVEAL-TIMI 55 Investigator/Research Coordinator Meeting  
“Atherosclerosis and LDL-lowering therapies”  
Miami, FL
- 2012 Thrombolysis in Myocardial Infarction Scientific Symposium  
“The Prognostic Utility of Serial C-Reactive Protein Levels after an Acute Coronary  
Syndrome: An Analysis from PROVE-IT TIMI 22”  
Chicago, IL
- 2012 PLATO Steering Committee  
“Reduction in First and Recurrent Cardiovascular and Ischemic Events with Ticagrelor  
Compared with Clopidogrel in the PLATO Study”  
Chicago, IL
- 2012 Editors of the Heart Group Journals Board Meeting  
(Editors-in-Chief of all premier cardiovascular journals)  
“The Importance of Matching Language to Study Type”  
Chicago, IL  
Munich, Germany
- 2017 “Watchman: A Viable Option for Stroke Risk Reduction in Nonvalvular  
Atrial Fibrillation”  
Denver, CO
- 2018 ACC Colorado Chapter CHF Summit 2018  
“Pain and Pleasure: The Clinical Case of A New Mother” Quiz the Cardiologists  
Colorado Springs, CO
- 2019 ACC Colorado Chapter CHF Summit 2019 “Guideline Updates from 2019”  
“All You Need to Know About Maintaining Board Certification”  
Colorado Springs, CO
- 2021 ACC Colorado Chapter Moderator and Speaker: 2020 Year in Review May 1, 2021

**National/International**

- 2012 LAPLACE-TIMI 57: A Randomized Control Trial of AMG 145  
(PCSK9 inhibitor) in Hypercholesterolemic Subjects on a Background of Statin Therapy  
Full-day training session for national and international principal investigators to  
train on the background, rationale and protocol design of LAPLACE-TIMI 57.  
TIMI Study Group, Boston, MA (sponsored by Amgen, Inc.)  
Palmer House Hilton, Chicago, IL (sponsored by Amgen, Inc.)  
Radisson Blu, Amsterdam, Netherlands (sponsored by Amgen, Inc.)
- 2014 Pfizer Atorvastatin Trials Advisory Board

- Statins and Risk of New-Onset Diabetes  
New York, NY
- 2014 Amgen HIV Evolocumab Advisory Board  
The Role of PCSK9 in Cholesterol Homeostasis in HIV+ Patients  
Washington, DC
- 2016 Co-Chair, American College of Cardiology Women in Cardiology Session  
“Crossing the Borders: Lessons from International Luminaries and Women Outside the Clinic” ACC Scientific Sessions 2016  
Chicago, IL
- 2018 Boston Scientific Watchman Noninvasive Faculty Advisory Board  
Minneapolis, MN
- 2019 ACC Scientific Sessions 2019  
“Does My Patient Have Intermediate Risk or Indeterminate Risk?”  
New Orleans, LA
- 2019 Best of ACC 2019: China  
Faculty  
Shanghai, Guangzhou, Foshan, China
- 2019 Boston Scientific Faculty Leadership Program  
Minneapolis, MN
- 2019 Watchman Education Program  
“An Imager’s Perspective on Watchman Patient Selection”  
Denver, CO
- 2019 Esperion Lipid Lowering Advisory Board  
Salt Lake City, UT
- 2019 Watchman Education Program  
“AF Stroke Risk Reduction Strategies: Economic Considerations for the Payer,  
the Provider and the Patient”  
New York, NY
- 2020 Society for Cardiovascular Angiography and Interventions Scientific Sessions  
“LDL Lowering For the Interventionalist: PCSK9 Inhibition Clinical Trial Data”  
Atlanta, GA (virtual session due to COVID-19)
- 2020 Moderator, Twitter Chat: Discussion of PINNACLE-FLX  
Boston Scientific
- 2020 Understanding HF Disease Progression and How to Optimize Guideline-Directed

Medical Therapy Including the Rule of ARNI in Novel Heart Failure Therapy  
Shanghai, China (Virtual Webinar in collaboration with ACC and Chinese Society of  
Cardiology)

- 2021 Best of ACC 2021: Highlights of ACC.21 Video With Drs. Deepak Bhatt and Kim Eagle  
Virtual Session, May 2021
- 2021 Great Wall of China International Congress of Cardiology/ACC in China  
AMI and ARNI post-MI  
Virtual Session, May 2021
- 2021 Pearls of ACC India: Practice-Changing Trials  
Virtual Session, June 2021
- 2021 Voice of the Customer: Doximity  
  
Virtual Session, September 2021
- 2021 Best of AHA 2021: Highlights of AHA.21 Video  
With Drs. Deepak Bhatt and Kim Eagle  
Virtual Session, November 2021
- 2021 TCT 2021: Transcatheter Cardiovascular Therapeutics Conference  
What's Novel in Interventional Hypertension: A Noninvasive Perspective  
Virtual Session, November 2021
- 2022 The Future of Lipid Management: Challenges and Frontiers  
Novartis Inclisiran International Launch  
Virtual Session, January 2022
- 2022 Innovation in Education in 2022: Novartis Advisory Board  
Virtual Session, March 2022
- 2022 ACC 2022 Scientific Sessions  
Special Populations and Challenges in Lipid Management, Session Co-Chair  
Washington DC, April 2022
- 2022 Best of ACC 2022: Highlights of ACC.22 Video  
With Drs. Deepak Bhatt and Kim Eagle  
Virtual Session, April 2022
- 2022 A Focus on Very High-Risk Patients in the Acute Setting:  
Understanding Vulnerable Plaque and Prioritizing LDL-C  
Amgen Expert Theater, ACC 2022  
Washington DC, April 2022
- 2022 Update on Atrial Fibrillation, Anticoagulation and Alternatives to Consider

Boston Scientific Expert Theater, ACC 2022  
Washington DC, April 2022

- 2022 Emerging Data on Safety and Effectiveness of LAA Closure:  
Real World Decision-Making and Key Updates on Pharmacologic Treatment of Stroke  
Boston Scientific Expert Theater, ACC 2022  
Washington DC, April 2022
- 2022 Optimal Educational Strategies for the Cardiovascular Clinician  
Novartis Advisory Board  
Virtual Session, April 2022
- 2022 Non-statin LDL-C Lowering – Preventive Cardiovascular Nurses Association  
Esperion  
Virtual Session, May 2022
- 2022 National Lipid Association 2022  
One Patient: Three Perspectives on Lipid Lowering (Cardiovascular Focus)  
Scottsdale, Arizona, June 3, 2022
- 2022 A Focus on Very High-Risk Patients in the Acute Setting:  
Understanding Vulnerable Plaque and Prioritizing LDL-C  
Amgen Expert Theater, NLA 2022  
Scottsdale, Arizona, June 2022
- 2022 Pearls of ACC India: Practice-Changing Trials  
Indian Subcontinent (Virtual Session), >2500 attendees, June 3, 2022
- 2022 Indications for Left Atrial Appendage Closure: Identifying the Appropriate Patient  
Boston Scientific: Fellows 101 Course  
Boston, MA, June 12, 2022
- 2022 Cardiovascular Innovations 2022  
Contemporary Lipid Management Post-PCI  
Denver, CO, July 21, 2022
- 2022 A Focus on Very High-Risk Patients in the Acute Setting:  
Understanding Vulnerable Plaque and Prioritizing LDL-C  
Amgen Expert Theater, ASPC 2022  
Knoxville, Tennessee, July 29, 2022
- 2022 Contemporary Lipid Management in 202: A Case-Based Update and  
Review of Expert Consensus Document,  
Virtual, September 2, 2022
- 2022 LDL-C Lowering: Are We There Yet?  
Amgen Expert Theater

Chicago, IL, November 6, 2022

- 2022 AHA 2022: Data Highlights & Key Opinion Leader Perspectives Webinar  
Amarin Investors Meeting  
Chicago, IL, November 7, 2022
- 2022 The AF Patient - From Detection to Protection, A WATCHMAN Medical Education West Coast Program  
Scottsdale, AZ, November 11-12, 2022
- 2023 ASCP 2023: Saving the Hearts of Women Through Prevention  
ASCVD in Women: defining the challenge  
Arlington, TX, July 21, 2023
- 2023 New Guidance, New Data and New Targets for the Management of Hyperlipidemia.  
Arlington, TX, July 22, 2023
- 2023 From Prevention to Treatment: Contemporary Lipid Management in 2023 and Updates from the Expert Consensus Decision Pathway  
Albuquerque, NM, July 25, 2023
- 2023 Reflections on Resilience: Insights on Overcoming Professional and Personal Challenges, Cardiometabolic Health Congress, Women's Masterclass,  
Laguna Cliffs, CA, August 17, 2023
- 2023 Challenges and Solutions in Lipid-Lowering Therapy in Women: From Gaps to Practice-Changing Advances, Cardiometabolic Health Congress, Women's Masterclass,  
Laguna Cliffs, CA, August 18, 2023

## Teaching Activities

### Mentoring of Trainees

Anubha Agarwal, B.S., Stanford University, candidate for M.D., Stanford University  
Farnaz Azarbal, M.D., Cardiology Fellow, University of California San Francisco  
Sameer Bhutani, candidate for B.S., University of San Francisco  
Kara Yeung, B.S., Stanford University, candidate for M.D., Harvard University  
Colleen Campbell, NP, candidate for Masters of Nursing, Kaiser Permanente Colorado  
Kellie Lyons, PA, Cherry Creek Heart  
Karl Gordon Patti, M.D., Cardiology Fellow, University of Colorado  
Justin Edwards, M.D., Cardiology Fellow, University of Colorado  
Abby Pribish, M.D., Cardiology Fellow, University of Colorado  
Eric Rudofker, M.D., Cardiology Fellow, University of Colorado  
Emily Kaufman, NP, Cherry Creek Heart

### Teaching of Students in Courses

August-Dec. 2003 Harvard Medical School Molecular Biology and Genetics in Modern Medicine  
Teaching Assistant for 1st year medical and 2nd and 3rd year PhD students

January 2005	Harvard Medical School Musculoskeletal Pathophysiology Teaching Assistant for 1st year medical and 2nd and 3rd year PhD students
August-Nov. 2005	Harvard Medical School Human Reproductive Biology Teaching Assistant for 2nd year medical and 2nd and 3rd year PhD students
February-May 2010	Harvard Medical School Introduction to Clinical Medicine Clinical Preceptor for 2nd year medical students

### **Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs)**

2009	Airway Management for the Internist 1st, 2nd and 3rd year medicine residents
2010	Teaching Resident 1st, 2nd and 3rd year medicine residents
2010-2011	Intravenous Conscious Sedation Certification Course 2nd and 3rd year medicine residents
2012-13	Fundamental and Contemporary Topics in Cardiology 1st, 2nd and 3rd year medicine residents, 3rd and 4th year medical student, and pharmacy students
2015	Heart Health in Women: What You May be Missing Primary care faculty, 1st, 2nd and 3rd year medicine residents, 3rd and 4th year medical student, and pharmacy students
2021-present	Veterans Affairs Eastern Colorado Cardiology Fellows Clinic

### **Clinical Supervisory and Training Responsibilities**

2009	General Medical Service Brigham & Women's Hospital Supervising Resident for Sub-Interns
2010	General Medical Service Brigham & Women's Hospital Preceptoring 3rd year medical students, who are taking histories and performing physical examinations.
2013	Cardiology Consultation Service University of California, San Francisco Preceptoring 4th year medical students, and 2nd year medical residents rotating on the cardiology consultation service.
2021-present	Veterans Affairs Medical Center, Aurora, CO Precepting Cardiovascular Disease Fellows in outpatient clinic

### **Laboratory and Other Research Supervisory and Training Responsibilities**

2004-2006	Training of undergraduate students and research technicians Brigham & Women's Hospital Boston, Massachusetts
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## **Bibliography**

### **Original Investigations**

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2. Levy BD, **Kohli P**, Gotlinger K, Haworth O, Hong S, Kazani S, Israel E, Haley KJ, Serhan CN. Protectin D1 is Generated in Asthma and Dampens Airway Inflammation and Hyper-responsiveness. *J Immunol.* 2007. 178(1): 496-502.
3. **Kohli P**, Bonaca MP, Kakkar R, Kudinova AY, Scirica BM, Sabatine MS, Murphy SA, Braunwald E, Lee RT, Morrow DA. Evaluation of ST2 in Non-ST Elevation Acute Coronary Syndromes in the MERLIN-TIMI 36 Trial. *Clin Chem.* 2012 Jan;58(1):257-266. DOI: 10.1373/clinchem.2011.173369.
4. **Kohli P**, Desai NR, Giugliano RP, Kim J, Somaratne R, Huang F, Knusel B, McDonald S, Abrahamsen T, Wasserman MDSM, Scott R, Sabatine MS. Design and Rationale of the LAPLACE-TIMI 57 Trial: A Phase II Double-Blind Placebo Controlled Study of the Efficacy and Tolerability of A Monoclonal Antibody Inhibitor of PCSK9 in Subjects with Hypercholesterolemia on Background Statin Therapy. *Clin Card.* 2012;35(7):385-91. doi: 10.1002/clc.22014. Epub 2012 Jun 19.
5. Giugliano RP, Desai NR, **Kohli P**, Rogers WJ, Somaratne R, Huang F, Liu T, Mohanavelu S, Hoffman EB, McDonald ST, Abrahamsen TE, Wasserman SM, Scott R, Sabatine MS. A Double-blind, Randomized, Placebo-controlled, Dose-ranging Study to Evaluate the Efficacy, Safety, and Tolerability of a Monoclonal Antibody to PCSK9 in Combination with a Statin in Patients with Hypercholesterolemia. *Lancet*, 2012. doi: 10.1016/S0140-6736(12)61770-X.
6. **Kohli P**, Wallentin L, Reyes E, Horrow J, Husted S, Angiolillo DJ, Ardissino D, Maurer G, Morais J, Nicolau JC, Oto A, Storey RF, James SK, Cannon CP. Reduction in First and Recurrent Cardiovascular Events with Ticagrelor Compared with Clopidogrel in the Plato Study. *Circulation.* 2013;127(6):673-80.
7. Desai NR, **Kohli P**, Giugliano RP, O'Donoghue M, Somaratne R, Zhou J, Hoffman E, Huang F, Rogers WJ, Wasserman SM, Scott R, Sabatine MS. AMG 145, A Monoclonal Antibody Against PCSK9, Significantly Reduces Lipoprotein (a) in Hypercholesterolemic Patients Receiving Statin Therapy: An Analysis From the LAPLACE-TIMI 57 Trial. *Circulation.* 2013 Jul 24. DOI: 10.1161/ CIRCULATIONAHA.113.001969.
8. Makadia SS, Blaha MJ, Keenan T, Ndumele C, Jones S, DeFilippis, A, Martin SS, **Kohli P**, Conceicao RD, Carvalho JA, Nasir K, Blumenthal RS, Santos R. Hepatic Steatosis Associated with Dyslipidemia Independent of Obesity, Metabolic Syndrome, Inflammation, & Physical Activity. *Am J Cardiol.* 2013 Sep 5. pii: S0002-9149(13)01621-4. doi: 10.1016/j.amjcard.2013.08.001.
9. **Kohli P**, Udell JA, Murphy SA, Cannon CP, Antman EM, Braunwald E, Wiviott SD. Discharge Aspirin Dose and Clinical Outcomes in Patients with Acute Coronary Syndromes treated with Prasugrel vs. Clopidogrel: An Analysis from the TRITON-TIMI 38 study. *J Am Coll Cardiol.* 2013 Oct 1. pii: S0735-1097(13)05456-9. doi: 10.1016/j.jacc.2013.09.023.
10. Desai NR, Giugliano RP, Zhou J, **Kohli P** et al. AMG 145, A Monoclonal Antibody Against PCSK9, Facilitates Achievement of NCEP-ATP III LDL-C Goals Among High Risk Patients: An Analysis From the LAPLACE-TIMI 57 Trial. *J Am Coll Cardiol.* 2013 Oct 11. pii: S0735-1097(13)05608-8. doi: 10.1016/j.jacc.2013.09.048.
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- Results from the REACH Registry. *Am J Med.* 2014 Jan;127(1):53-60.e1. doi: 10.1016/j.amjmed.2013.08.017. Epub 2013 Nov 23.
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3. **Kohli P** and Cannon CP. Acute Coronary Syndromes in 2011: Walking the Tightrope Between Efficacy and Bleeding. *Nature Reviews. Cardiology.* 2012 Feb;9(2):69-71. DOI: 10.1038/nrcardio.2011.206.
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### **Abstracts, Poster Presentations and Exhibits Presented at Professional Meetings**

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29. **Kohli P**. How Does Treatment Change Based on Perspective? One Patient: Three Perspectives. *Cardiovascular Focus. National Lipid Association Meeting*, Scottsdale, AZ, June 3, 2022.

### **Textbook Contributions**

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4. **Kohli P** and Schiller N. "Right Ventricular Physiology" chapter in American Society of Echocardiography *Dynamic Echocardiography* 2014.
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### **Online Peer-Reviewed Publications**

1. **Kohli P**. Guideline Education: Non-Pharmacologic Management of Hypertension. January 16, 2017. Published on <http://edu.acc.org/>
2. Velagapudi P and **Kohli P**. Imaging for Ischemia in Women with Suspected Coronary Artery Disease. Published on <http://edu.acc.org/>
3. Jia X, Miedema MD, Virani SS, **Kohli P**. Expert Analysis: Not All Fish Oils Created Equal: Insight From REDUCE-IT. <https://www.acc.org/latest-in-cardiology/articles/2018/11/14/13/59/not-all-fish-oils-are-created-equal>. November 14, 2018.
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6. **Kohli P**, Mehta LS, Miedema MD. Management of Elevated Triglycerides in the Era of Icosapent Ethyl. <https://www.acc.org/latest-in-cardiology/articles/2020/03/02/12/35/management-of-elevated-triglycerides-in-the-era-of-icosapent-ethyl>. March 2, 2020.
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8. Agarwala A, **Kohli P**, Virani SS. A Framework to Integrate Popular Media into Cardiovascular Medicine. <http://www.acc.org>. Jun 01, 2020. Accessed June 6, 2020. <https://www.acc.org/latest-in-cardiology/articles/2020/06/01/13/54/a-framework-to-integrate-popular-media-into-cardiovascular-medicine>.
9. Jia X, **Kohli P**. Telehealth and Cardiovascular Disease Prevention: A Discussion of the Why and the How. <http://www.acc.org>. Sep 15, 2020. Accessed Sep 16, 2020.

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10. **Kohli P.** Worshipping at the Altar of Evidence-Based Medicine: Should Clinicians Wait for Outcomes Data Before Prescribing? <http://www.acc.org>. May 04, 2021. Accessed May 4, 2021. <https://www.acc.org/Latest-in-Cardiology/Articles/2021/05/04/11/57/Worshipping-at-the-Altar-of-Evidence-Based-Medicine>.
11. Sender S, **Kohli P**, Sharma G, Blumenthal RS. COVID-19's Impact on Heart Disease and Stroke Mortality. <http://www.acc.org>. May 25, 2022. Accessed June 9, 2022. <https://www.acc.org/Latest-in-Cardiology/Articles/2022/05/25/12/10/COVID-19s-Impact-on-Heart-Disease-and-Stroke-Mortality>.

### **Case Reports**

1. **Kohli P.** Mr. M: A case study of pulmonary pathology. Online publication from BIDMC Radiology department 2004. Published on <http://eradiology.bidmc.harvard.edu/>
2. **Kohli P**, Agarwal A, Goldschlager N. ECG Quiz. *J Electrocard.* 2014 Jan-Feb. 47 (1):120–122.
3. **Kohli P.** Shortness of Breath after AF ablation. <https://www.medscape.com/consult/post?id=12138>. March 4, 2018.
4. **Kohli P.** Chest pain in a pregnant patient. <https://www.medscape.com/consult/post?id=14192>. June 17, 2018.
5. **Kohli P.** Chest pain during exertion in a 29-year-old male. <https://www.medscape.com/consult/post?id=16662>. October 27, 2018.
6. **Kohli P.** Pain and Pleasure: The clinical case of a new mother. <https://www.medscape.com/consult/post?id=19277>. February 23, 2019.
7. **Kohli P.** 53-year-old female with hypertension and OSA on CPAP presents with worsening blood pressure control. Published on <https://www.medscape.com>. September 2, 2019.
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9. **Kohli P.** Chest pressure, dyspnea, and shortness of breath in a 39-year-old man. <https://www.medscape.com/consult/post?id=31705>. January 20, 2021.
10. **Kohli P.** To CT or not to CT: The ultimate question in the face of rising costs for nuclear studies. <https://www.medscape.com/consult/post?id=33895>. June 20, 2021.
11. **Kohli P.** Post-COVID Vaccine Symptoms: Is It Myocarditis? How Do you Know? <https://www.medscape.com/consult/post?id=625380>. Published December 21, 2021.
12. **Kohli P.** Calcium scores are everywhere! What do I really need to know about interpretation, testing and management? <https://www.medscape.com/consult/post?id=648554>. Published April 17, 2022.
13. **Kohli P.** PVCs and underlying cardiomyopathy: The chicken or the egg? <https://www.medscape.com/consult/post?id=670474>. Published August 13, 2022.
14. **Kohli P.** When the electricity short-circuits: Recurrent atrial arrhythmias in a patient with rheumatic heart disease <https://www.medscape.com/consult/post?id=697737>. Published January 15, 2023.
15. **Kohli P.** Practical Tips for Heart Failure Prevention <https://www.medscape.com/viewarticle/989001>. Published April 12, 2023.

### **Thesis**

**Kohli P.** The Pivotal Role of Lipid Mediators in Resolution of Inflammation: Frontiers for New Therapeutic Targets.

## Television and Radio, Podcast and Media Appearances

### Television and Radio

In addition to those listed below, there are >1900 On-Air appearances locally and nationally as well as radio and print journalism citations between 1/2020 and 6/2020 as the Medical Expert for Daily Blast Live, KUSA, ABC10, FOX West Texas, KREM, KWGN, KGW, KVUE, KFMB, KPNX and others . YouTube Libraries below.

<https://youtu.be/I7U3SpMnTzU>

<https://youtube.com/playlist?list=PLaRxQfgrH0Gpcnzp1Myx14LpuOVyhUaGL>

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1. **Kohli P.** “Hot Take: Data Quality, Retractions, and What It Means for Medical Research”. Published June 24, 2020, Accessed June 24, 2020.  
<https://www.docwirenews.com/docwire-pick/cardiology-picks/hot-take-data-quality-retractions-and-what-it-means-for-medical-research/>
2. **Kohli P.** A Novel Solution Allowing Me to Focus on the “Why” of Being a Doctor Rather than the “How”. June 11, 2020.  
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3. **Kohli P.** Mile High Living, July 9. 2018.  
[http://x-default-stgec.uplynk.com/ausw/slices/3e5/0e3a3b3bc3ae4d6eac785fb8a26bdb6b/3e5dfd0e20ed4de9a94dd0adf61f2cfe/3e5dfd0e20ed4de9a94dd0adf61f2cfe\\_g.mp4](http://x-default-stgec.uplynk.com/ausw/slices/3e5/0e3a3b3bc3ae4d6eac785fb8a26bdb6b/3e5dfd0e20ed4de9a94dd0adf61f2cfe/3e5dfd0e20ed4de9a94dd0adf61f2cfe_g.mp4)
4. **Kohli P.** CardioSmart: What Motivates You To Stay Heart Healthy? June 9, 2017.
5. <https://www.youtube.com/watch?v=dUy9BKYCSSg>.
6. McGuire R. CardioSource World News: NSAIDs Linked With Increased Risk in Stable CAD; Results from REACH Registry with **Dr. Payal Kohli**.  
<https://www.youtube.com/watch?v=PyRzbvEbxUc>. October 9, 2012.
7. **Kohli P.** CardioSource World News: The Great Debate on Statins in Primary Prevention with Dr. Rita Redberg. May 1, 2012.
8. **Kohli P.** ACC Scientific Sessions 2018 Featured Early Career Tweeter. Orlando, FL.
9. **Kohli P.** ACC Scientific Sessions 2019 Featured Early Career Tweeter. New Orleans, LA.

### Podcast

**Kohli P.** Perspectives on evidence based medicine, career mapping, and interesting side gigs  
<https://www.techlink.health/podcast/episode/20952ead/perspectives-on-evidence-based-medicine-career-mapping-and-interesting-side-gigs> Accessed on 12/28/2020.

**Kohli P.** Targeting Lower Ldl-C The Role of Nonstatin Therapies In ASCVD.  
[https://reachmd.com/programs/medical-industry-feature/targeting-lower-ldl-c-the-role-of-nonstatin-therapies-in-ascvd/13222/?quiz\\_step=presurvey&activity=31505](https://reachmd.com/programs/medical-industry-feature/targeting-lower-ldl-c-the-role-of-nonstatin-therapies-in-ascvd/13222/?quiz_step=presurvey&activity=31505). Accessed on 7/5/2023.



“Heart of Medicine” Podcast, Lead Host, (2022-present)

<https://open.spotify.com/show/3gFU2pF1Md0qByv29wug6O?si=7451b66981d446a7>

Episode 1-Social Media in Medicine. February 14, 2023.

Episode 2-The Mistress of Medicine. March 1, 2023.

Episode 3-Infertility: The Price of a Career in Medicine. March 11, 2023.

Episode 4-Crazy Call Stories. April 7, 2023.

Episode 5-Doctor Unions: Is It Just What the Doctor Ordered? April 22, 2023

Episode 6-Frenemies. May 14, 2023.

Episode 7-Has the Doctor Taken the White Coat Off? June 26, 2023.

Episode 8-Job Transitions in Medicine: When Is It Beneficial To Call it Quits? July 13, 2023.

### **Social and Other Media**

MedPage Today “Practice Matters” Video Series - <https://www.medpagetoday.com/search?q=kohli>

“Snackable Health” with Dr. Payal Kohli and Dr. C. Michael Gibson, Twitter-Based Educational Series (2022)

### **Online Non-Peer Reviewed Scientific Content**

[https://youtube.com/playlist?list=PLaRxQfgrH0Gp\\_ur-6nAKpNv65RdEJ28kM](https://youtube.com/playlist?list=PLaRxQfgrH0Gp_ur-6nAKpNv65RdEJ28kM)

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### Professional Interests

Cardiovascular disease prevention, women's cardiology, medical education

### Personal Interests

Enjoying the outdoors, traveling, photography

### References

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